

## Practice Area: **Anxiety**

**Natasha Bruck** is a bilingual, certified, and licensed therapist with a Master's of Social Work degree (M.S.W.) from Barry University and a Bachelor of Arts degree in Clinical Psychology from Tufts University. She balances professionalism, ethics and empathy while providing individual, family and group therapy. Natasha incorporates a holistic healing approach, in a safe environment, to help clients discover or re-discover strengths that lead to self-empowerment and enhance self-esteem.

**Dr. Elisabeth Kuhn Deakin** earned a Ph.D. in Psychology at PUCRS in Brazil and is a Licensed Mental Health Counselor (LMHC). Elisabeth is trilingual with fluency in English, Portuguese and Spanish. She has more than 25 years of experience working with children, adolescents, adults, couples and families. Dr. Deakin uses a psychodynamic approach in the treatment of a variety of disorders such as anxiety, depression, adjustment and ADHD.

**Sharon Fitzgerald**, a registered Art Therapist (ATR), earned an M.A. degree in Art Therapy from The George Washington University in Washington, DC. Sharon has a core belief that creativity is the wellspring of life. She has practiced Art Therapy in a variety of psychiatric and mental health settings for over 10 years, engaging in both art therapy and sandplay therapy.

**Bettina Gensollen** is a bilingual therapist who earned a Master of Science in Education, Mental Health Counseling, from the University of Miami and a B.A. Degree in Psychology at Johns Hopkins University in Baltimore. Bettina has experience working with diverse client issues and populations including the chronically mentally ill, domestic violence survivors, and survivors of abuse and trauma.

**Angel Lopez-Griman** is a bilingual Licensed Mental Health Counselor (LMHC), and a National Certified Counselor (NCC) with a Master's Degree (MS) in clinical mental health counseling from Florida International University. He provides a holistic approach to best serve individuals, couples and families seeking life improvements in many areas. Angel integrates eclectic methods best suited for individualized care to identify and collaboratively achieve counseling goals.

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**Marlene Schneider Potter**, a Licensed Clinical Social Worker (LCSW), is the Founder and Director of the Coconut Grove Center for Counseling. Ms. Potter holds two masters degrees and an undergraduate degree from the State University of New York at Stony Brook. Marlene is very interested in the research about how the biology of the brain influences people's emotions, behavior and interactions. This interest led her to author a book, Emotional Hijacking, which is available from Amazon.com.

**Lisa Sharf** is a Florida licensed Advanced Registered Nurse Practitioner (ARNP), who not only is a psycho-therapist, but prescribes medications for a psychiatric disorders. Lisa obtained her Bachelor's Degree in Health Science from Boston University and a Bachelor's of Science in Nursing at the University of Miami. She later gained her master's degree in Nursing with a specialty as a Psychiatric Nurse Practitioner from Florida International University Graduate School of Nursing in 1998.